

Galway OUTDOOR Track & Field Championships 2018

Dangan Sunday 29th April 2018 @ 10.00am

PLEASE NOTE, THE TIMES BELOW ARE PROVIDED AS GUIDELINES ONLY TO ALLOW ATHLETES AND COACHES TO ESTIMATE THEIR EVENT START TIMES.

*The order of events will remain as below but all start times are provisional and subject to change.
Please arrive at least an hour before your event as times will move earlier if running ahead of schedule.
If running behind schedule, athletes can use the info below to estimate a revised start time.*

Time	Sprint Hurdles	Entries	Heats
10:00	10:06 U13 Girls 60m Hurdles (2' 3", pink)	16	2
10:06	10:12 U13 Boys 60m Hurdles (2' 3", pink)	13	2
10:12	10:18 U14 Girls 75m Hurdles (2' 3", orange)	12	2
10:18	10:21 U14 Boys 75m Hurdles (2' 6", orange)	7	1
10:21	10:24 U15 Girls 80m Hurdles (2' 6", black)	4	1
10:24	10:30 U16-17 Girls 80m Hurdles (2' 6", black)	9	2
10:30	10:33 U15 Boys 80m Hurdles (2' 9", black)	5	1
10:33	10:36 U18/U19 100m Hurdles (2' 9", yellow)	3	1
10:36	10:39 U16-17 Boys 100m Hurdles (2' 9", yellow)	2	1
Remove hurdles to lane 6/7/8			
Transport Hurdles to 400mH positions (green marks)			
1500s			
10:39	10:46 U16-17/U18-U19 Womens 1500m	10	1
10:46	10:53 U16-17/U18-U19 Mens 1500m	11	1
10:53	11:00 U14/15 Girls 1500m	10	1
11:00	11:07 U14/15 Boys 1500m	7	1
Long Hurdles (green marks)			
11:07	11:10 U15Girls/U15 Boys 250m Hurdles (2'3")	6	1
11:10	11:13 U16-U17 Girls 250m Hurdles (2'3")	6	1
11:13	11:16 U16-17 Boys 250m Hurdles (2'6")	1	1
11:16	11:16 U18/U19 Girls and Boys 400m Hurdles (2'6" and 3')	5	1
11:16	11:26 Clear away hurdles		
Relays			
11:26	11:36 U13 Girls Relay	9	2
11:36	11:41 U13 Boys Relay	7	1
11:41	11:51 U14 Girls Relay	9	2
11:51	11:56 U14 Boys Relay	4	1
11:56	12:01 U15 Girls Relay	6	1
12:01	12:06 U15 Boys Relay	3	1
12:06	12:11 U16 Girls / Boys Relay	6	1
12:11	12:16 U17 Girls / Boys Relay	3	1
12:16	12:21 U18 Girls / Boys Relay	3	1
12:21	12:31 U19 Girls / Boys Relay	4	1
12:26	12:36 U13 Girls Relay Final	8	1
12:31	12:36 U14 Girls Relay Final	8	1
400s			
12:36	12:41 U16 Girls / Boys 400m	4	1
12:41	12:46 U18/U19 Girls 400m	5	1
12:46	13:21 U18/U19 Boys 400m	3	1
12:51	TRACK BREAK (30 minutes)		
Sprints and Walks			
13:21	13:36 U13 Girls 80m	35	5
13:36	13:45 U13 Boys 80m	22	3
13:45	13:54 U14 Girls 80m	18	3
13:54	14:00 U14 Boys 80m	10	2
14:00	14:09 U15 Girls 100m	17	3
14:09	14:15 U15 Boys 100m	13	2
14:15	14:21 U16-17 Girls 100m	14	2
14:21	14:27 U16-17 Boys 100m	11	2
14:27	14:30 U18/U19 Girls 100m	7	1
14:30	14:33 U18/U19 Boys 100m	7	1
14:33	14:53 Walks (everyone - all 2K)	5	1
600/800s			
14:53	15:03 U13 Girls 600m	22	2
15:03	15:13 U13 Boys 600m	19	2
15:13	15:23 U14 Girls 800m	14	2
15:23	15:28 U14 Boys 800m	7	1
15:28	15:33 U15 Girls 800m	5	1
15:33	15:38 U15 Boys 800m	6	1
15:38	15:43 U16/U17/18/19 Girls 800m	12	1
15:43	15:48 U16/U17/18/19 Boys 800m	12	1
15:48	15:58 Time to allow starters to reset to 200m	1	1
200s			
15:58	16:04 U14 Girls 200m	16	2
16:04	16:07 U14 Boys 200m	6	1
16:07	16:13 U15 Girls 200m	16	2
16:13	16:19 U15 Boys 200m	11	2
16:19	16:25 U16-17 Girls 200m	10	2
16:25	16:31 U16-17 Boys 200m	10	2
16:31	16:34 U18/U19 Girls 200m	6	1
16:34	16:37 U18/U19 Boys 200m	7	1
16:37	Finish		

Time	Long Jump	Entries
Pit 1 (nearest shed)		
10:15	10:44 U15 Girls Long Jump	11
10:44	11:19 U16/17 Girls Long Jump	13
11:19	11:40 U18/U19 Girls Long Jump	8
11:40	12:32 U14 Girls Long Jump	21
12:32	13:50 U13 Girls Long Jump	29
Pit 2 (furthest from shed)		
10:15	10:42 U15 Boys Long Jump	10
10:42	11:06 U16/17 Boys Long Jump	9
11:06	11:19 U18/U19 Boys Long Jump	5
11:19	11:51 U14 Boys Long Jump	12
11:51	12:47 U13 Boys Long Jump	21
Triple Jump (Pit 1)		
13:50	14:03 All female triple jumpers	5
14:03	14:11 All male triple jumpers	3
High Jump		
12:00	12:21 U16/U17 Girls HJ	8
12:21	12:26 U18/U19 Girls HJ	2
12:26	12:36 U16/U17/U18/U19 Boys HJ	4
12:36	13:11 U14 & U15 Girls HJ	13
13:11	13:29 U14 & U15 Boys HJ	7
13:29	13:53 U13 Girls HJ	9
13:53	14:11 U13 Boys HJ	7
Shot Putt		
10:15	10:55 U13 Girls Shot(2kg)	15
10:55	11:05 U13 Boys Shot(2kg)	4
11:05	11:21 U14 Girls Shot(2kg)	6
11:21	11:39 U14 Boys Shot(2.72kg)	7
11:39	11:47 U15 Girls Shot(2.72kg)	3
11:47	11:57 U15 Boys Shot(3kg)	4
11:57	12:05 U16-17 Girls Shot(3kg)	3
12:05	12:07 U18/U19 Girls Shot(4kg)	1
Javelin		
13:00	13:27 U13 Girls Javelin (400)	10
13:27	13:40 U13 Boys Javelin (400)	5
13:40	13:48 U14 Girls Javelin (400)	3
13:48	13:58 U14 Boys Javelin (400)	4
13:58	14:30 U15/U16/U17/U18/U19 Boys	12
14:30	14:54 U15/U16/U17/U18/U19 Girls	9
Discus		
15:00	15:08 U14 Girls / Boys Discus	3
15:08	15:16 U15 Girls / Boys Discus	3
15:16	15:18 U16/U17/U18/U19 Boys Discus	1
15:18	15:26 U16/U17/U18/U19 Girls Discus	3