

Saturday 23rd February 2019

Times are for guidance only

Age Category	Full Event Name	Time
U12 Girls	4x200m	10am
U12 Boys	4x200m	
U13 Girls	60m	11.00am
U13 Boys	60m	11.30am
U12 Girls	60m	noon
U12 Boys	60m	12.30pm

track break, hurdles put out

U12 Girls	60mH	1.30pm
U12 Boys	60mH	
U13 Girls	60mH	
U13 Boys	60mH	
U13 Girls	600m	2.30pm
U13 Boys	600m	
U12 Girls	600m	
U12 Boys	600m	
U13 Girls	4x200m	3.00pm
U13 Boys	4x200m	

4.00pm finish!!

Field Event order may change

Age Category	Event Name	Full Event Name	Time
U13 Girls	LJ	Long Jump Pit 1	10.00am
U13 Boys	LJ	Long Jump Pit 2	3.00pm
U12 Girls	LJ	Long Jump Pit 1	11.00am
U12 Boys	LJ	Long Jump Pit 2	2.00pm
U12 Boys	SP	Shot Put (2kg)	10.00am
U13 Boys	SP	Shot Put (2kg)	11.00am
U13 Girls	SP	Shot Put (2kg)	noon
U12 Girls	SP	Shot Put (2kg)	1.00pm
U13 Girls	HJ	High Jump	11.30am
U13 Boys	HJ	High Jump	12.30pm
U12 Girls	HJ	High Jump	10.15am
U12 Boys	HJ	High Jump	2.00pm

	Relay	60	60mH	LJ	HJ	SP	600m
12G	10.00am	noon	1.30pm	11.00am	10.15am	1.00pm	2.30pm
12B	10.30am	12.30pm	1.45pm	11.00am	2.00pm	10.00am	2.30pm
13G	3.00pm	11.00am	2.00pm	10.00am	11.30am	noon	2.30pm
13B	3.30pm	11.30am	2.30pm	10.00am	12.30pm	11.00am	2.30pm

Sunday 24th February 2019

Times are for guidance only

Age Category	Event	Time	Age Category	Event	Time	Age Category	Event	Time
U18 Girls	4x200m	10.00am				Girls/Boys	Pole Vault	10.30am
U18 Boys	4x200m							
U16 Girls	4x200m					U17 Boys	High Jump	10.30am
U16 Boys	4x200m					U18 Boys	High Jump	
U14 Girls	4x200m					U19 Boys	High Jump	
U14 Boys	4x200m					Senior Men	High Jump	
Senior Women	3km	10.45am	U16 Girls	60m	10.45 am	U17 Girls	High Jump	11.30am
Senior Men	3km		U16 Boys	60m		U18 Girls	High Jump	
U13/14/15 Girls	1K Walk	11.20am	U15 Girls	60m		U19 Girls	High Jump	
U13/14/15 Boys	1K Walk		U15 Boys	60m		Senior Women	High Jump	
U18 Girls	400m	11.50am	U14 Girls	60m		U15 Girls	High Jump	12.30pm
U18 Boys	400m		U14 Boys	60m		U15 Boys	High Jump	
U19 Girls	400m		U17 Girls	60m		U14 Girls	High Jump	1.30pm
U19 Boys	400m		U17 Boys	60m		U14 Boys	High Jump	
Senior Women	400m		U18 Girls	60m		U16 Girls	High Jump	2.30pm
Senior Men	400m		U18 Boys	60m		U16 Boys	High Jump	
U16-Sen Girls	1500m Walk	12.10pm	U19 Girls	60m				
U16-Sen Boys	1500m Walk		U19 Boys	60m		U14 Girls	Long Jump 1	10.00am
U16 Girls	1500m	12.30 pm	Senior Women	60m		U14 Boys	Long Jump 2	10.00am
U16 Boys	1500m		Senior Men	60m		U17 Girls	Long Jump 1	11.30am
U17 Girls	1500m					U17 Boys	Long Jump 2	11.30pm
U17 Boys	1500m					U18 Girls	Long Jump 1	12.30pm
U18 Girls	1500m					U19 Girls	Long Jump	
U18 Boys	1500m					Senior Women	Long Jump	
U19 Girls	1500m					U18 Boys	Long Jump 2	12.30pm
U19 Boys	1500m					U19 Boys	Long Jump	
Senior Women	1500m					Senior Men	Long Jump	
Senior Men	1500m						<i>Long Jump Break</i>	
	<i>Track break, 1-.1.30pm, hurdles put out</i>			60mHurdles		U16 Girls	Long Jump 1	1.30pm
Senior Women	800m	1.30pm	U14 Girls	68.6cm	1.30pm	U16 Boys	Long Jump 2	1.30pm
Senior Men	800m	<i>amte some</i>	U14 Boys	76.2cm		U15 Girls	Long Jump 1	2.30pm
U19 Girls	800m		U15 Girls	76.2cm		U15 Boys	Long Jump 2	2.30pm
U19 Boys	800m		U16 Girls	76.2cm				
U18 Girls	800m		U17 Girls	76.2cm		U18 Girls	Triple Jump	3.30pm
U18 Boys	800m		U18 Girls	76.2cm		U18 Boys	Triple Jump	
U17 Girls	800m		U15 Boys	84.0cm		U19 Girls	Triple Jump	
U17 Boys	800m		U16 Boys	84.0cm		U19 Boys	Triple Jump	
U16 Girls	800m		U19 Girls	84.0cm		Senior Women	Triple Jump	
U16 Boys	800m		Senior Women			Senior Men	Triple Jump	
U15 Girls	800m		U17 Boys	91.4cm		Senior Men	Shot Put (7.26Kg)	10.00am
U15 Boys	800m		U18 Boys	91.4cm		U19 Boys	Shot Put (6Kg)	
U14 Girls	800m		U19 Boys	99.0cm		U18 Boys	Shot Put (5Kg)	
U14 Boys	800m		Senior Men			U17 Boys	Shot Put (5Kg)	
U16 Girls	200m	2.15 pm				Senior Women	Shot Put (4Kg)	10.45am
U16 Boys	200m					U19 Girls	Shot Put (4Kg)	
U17 Girls	200m					U18 Girls	Shot Put (3Kg)	
U17 Boys	200m					U17 Girls	Shot Put (3Kg)	
U18 Girls	200m					U16 Girls	Shot Put (3Kg)	11.15am
U18 Boys	200m					U16 Boys	Shot Put (4Kg)	
U19 Girls	200m						<i>Shot putt Break</i>	
U19 Boys	200m					U15 Girls	Shot Put (2.72Kg)	
Senior Women	200m					U15 Boys	Shot Put (3Kg)	
Senior Men	200m							
U15 Girls	4x200m	3.00pm				U14 Girls	Shot Put (2kg)	
U15 Boys	4x200m					U14 Boys	Shot Put (2.72Kg)	
U17 Girls	4x200m							
U17 Boys	4x200m							
U19 Girls	4x200m							
U19 Boys	4x200m							