

## Craughwell Athletic Club

### Outdoor Track and Field - Junior Women Records

Event	Measure	Athlete	Competition	Venue	Date
100m	12.20	Sinéad Treacy	Irish Schools T&F	Tullamore	30.5.15
200m	24.85	Sinéad Treacy	Irish Schools T&F	Tullamore	30.5.15
400m	1.01.63	Arlene Earls	National League Round 2	Templemore	30.07.17
800m	2.22.60	Linda Porter	National T&F	Antrim	6.7.08
1500m	5.02.03	Linda Porter	National T&F	Tullamore	28.7.07
3000m	10.36.87	Caron Ryan	Connacht Schools T&F	Athlone IT	18.5.17
100m Hurdles	16.6	Rachel Finnegan	Connacht Schools T&F	Athlone IT	19.5.10
400m Hurdles	66.51	Rachel Finnegan	National League	Tullamore	20.8.11
3000m Walk	14.01.42	Ann Loughnane	National T&F	Tullamore	18.7.02
Long Jump	5.44	Sinéad Treacy	National U19 T&F	Tullamore	4.7.15
Triple Jump	11.00	Laura Cunningham	Connacht Schools T&F	Athlone IT	18.5.17
High Jump	1.79	Cathriona Farrell	European Youth Olympics	Finland	21.7.09
Pole Vault	2.65	Ciana Reidy	Connacht U18 T&F	Sligo IT	18.6.17
Shot Putt (4kg)	8.36	Katie O'Donoghue	Connacht Schools CE	Dangan	18.9.12
Javelin (600g)	23.98	Maria McNamara	Home Countries International CE	Stoke	4.9.11
Discus (1kg)	33.39	Chloe Casey	Celtic Games International	Santry	05.08.17
4x100m	51.49	Caoilin Milton Aisling Keady Laura Cunningham Michelle Duggan	National U18 T&F	Tullamore	9.7.16
4x400m	4.21.87	Caoilin Milton Arlene Earls Lorraine Delaney Laura Cunningham	National U18 T&F	Athlone IT	2.7.17

### Outdoor Track and Field - Senior Women Records

Event	Measure	Athlete	Competition	Venue	Date
100m	12.20	Sinéad Treacy	Irish Schools T&F	Tullamore	30.5.15
200m	24.85	Sinéad Treacy	Irish Schools T&F	Tullamore	30.5.15
400m	1.01.63	Arlene Earls	National League Round 2	Templemore	30.07.17
800m	2.20.43	Sinéad Gaffney	Celtic International	Tullamore	27.5.17
1500m	5.02.03	Linda Porter	National T&F	Tullamore	28.7.07
3000m	10.36.87	Caron Ryan	Connacht Schools T&F	Athlone IT	18.5.17
100m Hurdles	16.45	Sarah Finnegan	National League	Athlone	10.6.12
400m Hurdles	66.51	Rachel Finnegan	National League	Tullamore	20.8.11
20k Walk (Road)	1.34.39	Ann Loughnane		Phoenix Park	13.5.06
Long Jump	5.44	Sinéad Treacy	National U19 T&F	Tullamore	4.7.15
Triple Jump	11.00	Laura Cunningham	Connacht Schools T&F	Athlone IT	18.5.17
High Jump	1.80	Cathriona Farrell	AAI Games	Santry	25.5.14
Pole Vault	2.65	Ciana Reidy	Connacht U18 T&F	Sligo IT	18.6.17
Shot Putt (4kg)	8.36	Katie O'Donoghue	Connacht Schools CE	Dangan	18.9.12
Javelin (600g)	23.98	Maria McNamara	Home Countries International CE	Stoke	4.9.11
Discus (1kg)	33.39	Chloe Casey	Celtic Games International	Santry	05.08.17
4x100m	51.49	Caoilin Milton Aisling Keady Laura Cunningham Michelle Duggan	National U18 T&F	Tullamore	9.7.16
4x400m	4.21.87	Caoilin Milton Arlene Earls Lorraine Delaney Laura Cunningham	National U18 T&F	Athlone IT	2.7.17

### Outdoor Track and Field - Junior Men Records

Event	Measure	Athlete	Competition	Venue	Date
100m	10.95	Conor Duggan	Irish Schools T&F	Dangan	30.5.15
200m	22.04	Conor Duggan	National Junior T&F	Tullamore	5.7.15
400m	51.09	Nicholas Sheehan	Galway Juvenile T&F	Dangan	19.5.13
800m	1.57.96	Damien O'Boyle	Morton Games	Santry	24.7.15
1500m	4.00.40	Jamie Fallon	IMC Le Cheile	Leixlip	27.6.14
3000m	8.49.24	Damien O'Boyle	National Junior T&F	Santry	25.6.16
3000m S/C	9.56.10	Damien O'Boyle	National U18 T&F	Tullamore	13.7.14
5000m	15.04.0	Jamie Fallon	Connacht Schools T&F	Athlone IT	14.5.14
110m Hurdles	19.45	William Finnegan	National T&F	Tullamore	11.7.04
400m Hurdles					
Long Jump	6.32	Aidan Conneely	Galway U19 T&F	Dangan	2.5.15
Triple Jump	12.98	Matthew McKernan	Irish Schools T&F	Tullamore	4.6.16
High Jump	2.07	Jerry Keary	National League Round 2	Templemore	30.07.17
Pole Vault	1.95	William Finnegan	National T&F	Tullamore	20.7.03
Shot Putt (6kg)	7.87	Ben Garrard	National League Round 2	Templemore	30.07.17
Javelin (800g)	17.60	Niall Higgins	National League	Tullamore	13.2.10
Discus (1.75kg)	21.70	Oisin Lyons	National League Round 2	Templemore	30.07.17
4x100m	47.06	Conor Duggan Keelan Ryan Paul Joyce	National League Round 1	Tullamore	26.5.13
4x400m	3.37.88	Nicholas Sheehan Paul Joyce John Cormican Damien O'Boyle	National League Round 1	Tullamore	26.5.13

### Outdoor Track and Field - Senior Men Records

Event	Measure	Athlete	Competition	Venue	Date
100m	10.95	Conor Duggan	Irish Schools T&F	Dangan	30.5.15
200m	22.04	Conor Duggan	National Junior T&F	Tullamore	5.7.15
400m	51.09	Nicholas Sheehan	Galway Juvenile T&F	Dangan	19.5.13
800m	1.57.96	Damien O'Boyle	Morton Games	Santry	24.7.15
1500m	4.00.40	Jamie Fallon	IMC Le Cheile	Leixlip	27.6.14
5000m	15.02.65	Gerry Ryan	National League Round 1	Athlone IT	10.6.12
10000m	35.41.0	Johnny Lane	Galway Senior T&F	Dangan	15.7.10
3000m S/C	9.56.10	Damien O'Boyle	National U18 T&F	Tullamore	13.7.14
110m Hurdles	17.47	William Finnegan	National League	Tullamore	27.7.08
400m Hurdles	62.06	William Finnegan	National League	Tullamore	11.8.07
Long Jump	6.56	William Finnegan	National League	Tullamore	27.7.08
Triple Jump	13.25	William Finnegan	National T&F	Santry	22.7.06
High Jump	2.07	Jerry Keary	National League Round 2	Templemore	30.07.17
Pole Vault	1.95	William Finnegan	National T&F	Tullamore	20.7.03
Shot Putt (7.26kg)	10.67	Eamonn Waters	National League	Athlone	18.7.10
Javelin (800g)	33.17	Eamonn Waters	Galway T&F	Dangan	24.6.10
Discus (2kg)	25.83	Eamonn Waters	Galway Senior T&F	Dangan	1.7.10
Hammer	22.10	Eamonn Waters	National League	Athlone	18.7.10
56lb Distance	3.62	Brian McGee	National League	Tullamore	13.6.10
4x100m	47.06	Conor Duggan Keelan Ryan Paul Joyce	National League Round 1	Tullamore	26.5.13
4x400m	3.37.88	Nicholas Sheehan Paul Joyce John Cormican Damien O'Boyle	National League Round 1	Tullamore	26.5.13