

Connaught Indoor Championships - 14th March 2009
RESULTS

TRACK
Hurdles

Girls U15 60m H

1	439	Maria	Cooney	Athenry
2	617	Roisin	Cafferty	Swinford
3	660	Louise	Mulvaney	Nth Leitrim

Girls U16 60m H

1	645	Katie	Hyland	Westport
2	444	Leitica	Ryan Collins	Athenry

Girls U17 60m H

1	580	Amy	Rohan	GCH
2	446	Sinead	Tuohy	Athenry
3	450	Clara	Burke	Athenry

Girls U18 60m H

1	471	Aine	Tighe	Ballinamore
2	544	Rachel	Finnegan	Craughwell
3	545	Sophie	Ralston	Craughwell

60m

Girls U15 60m

1	440	Orlaith	McGrath	Athenry
2	617	Roisin	Cafferty	Swinford
3	609	Dearbhail	Ní Catháin	Roscommon

Girls U16 60m

1	561	Deirdre	Lally	GCH
2	622	Nadine	Rainey	Swinford
3	460	Emily	Burns	Ballina

Girls U17 60m

1	501	Sally	maughan	Castlebar
2	580	Amy	Rohan	GCH
3	578	Emma	Carter	GCH

Girls U18 60m

Boys U15 60m H

1	700	Justin	Cooney	Loughrea
2	507	Eoin	Duffy	Claremorris

Boys U16 60m H

1	568	Sean	Kyne	GCH
2	498	Eamon	Regan	Castlebar
3	495	Niall	Fahey	Castlebar

Boys U17 60m H

1	585	Simon	Callaghan	GCH
2	513	Sean	Gill	Claremorris
3	695	David	Burke	Sligo

Boys U19 60m H

1	514	Ian	Durcan	Claremorris
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Senior Women 60m H

1	547	Sarah	Finnegan	Craughwell
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Boys U15 60m

1	474	Brian	Shaughnessy	Ballinasloe
2	556	Evan	McGuire	GCH
3	442	Cian	Kelly	Athenry

Boys U16 60m

1	569	Ben	Cooney	GCH
2	573	Ronan	Dobey	GCH
3	496	Michael	Conway	Castlebar

Boys U17 60m

1	783	ronan	kelly	Westport
2	541	Tomas	Keehan	Craughwell
3	481	Conor	Farrell	Carrick -O-S

Boys U18 60m

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1	591	Leona	McGuire	GCH
2	610	Niamh	Ní Catháin	Roscommon
3	631	Kazia	Boland	Swinford

1	611	Lorcán	O'Cathain	Roscommon
2	713	Christopher	Jahrling	Sligo
3	504	David	Conway	Castlebar

Girls U19 60m

1	602	Aedin	Esslement	GCH
2	639	Nicola	Monaghan	Tuam

Boys U19 60m

1	514	Ian	Durcan	Claremorris
2	665	caoimhne	mc greal	Westport
3	505	Richard	Keaney	Castlebar

Senior Men 60m

1	699	Gary	Hynes	Sligo
2	708	John	Walkin	Mayo AC

Walks

Girls U15 1000m WALK

1	644	deena	sadik	Westport
2	656	Michelle	Beirne	Mohill
3	641	ashling	heneghan	Westport

Boys U15 1000m WALK

1	491	Patrick	Bell	Castlebar
2	780	Michael	Mc Loughlin	Westport

Girls U16 1500m WALK

1	621	Cliona	Mulroy	Swinford
2	650	alice	dever	Westport

Boys U16 1500m WALK

1	508	Paul	Murphy	Claremorris
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Girls U17 1500m WALK

1	469	Ciara	O'Dowd	Ballinamore
2	512	Emma	Moran	Claremorris

Boys U17 1500m WALK

1	629	Oisin	Hynes	Swinford
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Girls U18 1500m WALK

1	655	clara	harrington	Westport
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Boys U19 1500m WALK

1	785	cian	mc manamon	Westport
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200m

Girls U16 200m

1	561	Deirdre	Lally	GCH
2	648	cathy	mc kenna	Westport
3	622	Nadine	Rainey	Swinford

Boys U16 200m

1	569	Ben	Cooney	GCH
2	494	Conor	Helbert	Castlebar
3	573	Ronan	Dobey	GCH

Girls U17 200m

1	501	Sally	maughan	Castlebar
2	580	Amy	Rohan	GCH
3	579	Tara	Hession	GCH

Boys U17 200m

1	783	Ronan	Kelly	Westport
2	481	Conor	Farrell	Carrick -O-S
3	585	Simon	Callaghan	GCH

Girls U18 200m

1	591	Leona	McGuire	GCH
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Boys U18 200m

1	611	Lorcán	O'Cathain	Roscommon
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2 471 Aine Tighe Ballinamore
3 610 Niamh Ní Catháin Roscommon

2 598 Sean Diskin GCH
3 600 Seamus O'Conghaile GCH

Boys U19 200m

1 665 Caoimhin McGreal Westport
2 505 Richard Keaney Castlebar
3 613 Mark Devery Roscommon

Sen M 200m

1 486 Gerard O'Donnell Carrick -O-S
2 699 Gary Hynes Sligo
3 607 Fionn Mallaghan-McGowan GCH

300m

Girls U18 300m

1 592 Rachel Shaw GCH
2 544 Rachel Finnegan Craughwell
3 697 Rianne McHugh Sligo

400m

Boys U18 400m

1 611 Lorcán O'Cathain Roscommon
2 599 Alan Campbell GCH
3 466 David Healy Ballina

Sen M 400m

1 486 Gerard O'Donnell Carrick -O-S
2 789 Alan Kelly St. Ronan's
3 608 Brendan Glynn GCH

800m

Girls U15 800m

1 467 Laura O Dowd Ballinamore
2 642 ellen moran Westport
3 438 Marie Tuohy Athenry

Boys U15 800m

1 478 Daire Farrell Carrick -O-S
2 778 david harper Westport
3 459 Ciaran Treacy Ballina

Girls U16 800m

1 527 Linda Porter Craughwell
2 565 Michelle Maher GCH
3 468 Ciara McWeeney Ballinamore

Boys U16 800m

1 530 David Concannon Craughwell
2 497 David Bell Castlebar
3 663 Robert Broughton Nth Leitrim

Girls U17 800m

1 681 Ciara McBride Nrth Sligo
2 499 Rebecca Conway Castlebar

Boys U17 800m

1 583 Keith Fallon GCH
2 477 James Shaughnessy Ballinasloe

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3 538 Peadar Harvey Craughwell

Girls U18 800m

1 592 Rachel Shaw GCH
2 470 Niamh Griffin Ballinamore
3 454 Serena Hansberry Athenry

Boys U18 800m

1 598 Sean Diskin GCH
2 612 Dermot Gillen Roscommon
3 593 Fergal O'Hanlon GCH

Girls U19 800m

1 698 Rachael Kilgallon Sligo

Boys U19 800m

1 688 Michael Gilligan Nrth Sligo

Sen M 800m

1 763 Eddie Costello GCH
2 664 Liam Feely Nth Leitrim

1500m

Girls U16 1500m

1 527 Linda Porter Craughwell
2 565 Michelle Maher GCH
3 621 Cliona Mulroy Swinford

Boys U16 1500m

1 530 David Concannon Craughwell
2 781 anthony chambers Westport
3 510 Adam Gallagher Claremorris

Girls U17 1500m

1 681 Ciara McBride Nrth Sligo
2 627 Fionnuala Mulroy Swinford
3 536 Shannen Freaney Craughwell

Boys U17 1500m

1 538 Peadar Harvey Craughwell
2 465 Kevin Armstrong Ballina
3 513 Sean Gill Claremorris

Girls U18 1500m

1 588 Eimear Hanahoe GCH
2 631 Kazia Boland Swinford

Boys U18 1500m

1 685 Feidhlim McGowan Nrth Sligo
2 683 Lorcan Roddy Nrth Sligo

Boys U19 1500m

1 613 Mark Devery Roscommon

Sen M 1500m

1 Dermot McDermott SLIGO
2 764 Neil Higgins SLIGO
3 664 Liam Feely Nth Leitrim

3000m

Sen M 3000m

1 685 Feidhlim McGowan Nrth Sligo
2 764 Neil Higgins Sligo

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RESULTS

3 789 Alan Kelly St. Ronan's

Relays

Girls U15

1 742 Athenry
2 762 Swinford
3 739 Craughwell

Girls U16

1 769 Westport
2 765 Swinford
3 727 Craughwell

Girls U17

1 747 Castlebar
2 749 GCH
3 748 Craughwell

Girls U18

1 734 GCH
2 766 Swinford
3

Girls U19

1 754 GCH

FIELD

LJ

Girls U15

1 439 Maria Cooney Athenry
2 515 Mairead McCan Craughwell
3 609 Dearbhail Ní Catháin Roscommon

Girls U16

1 645 Katie Hyland Westport
2 460 Emily Burns Ballina
3 492 Catriona Cramp Castlebar

Girls U17

1 501 Sally maughan Castlebar
2 537 Ashley McDonnell Craughwell
3 447 Sorcha Murphy Athenry

Boys U15

1 746 Ballinasloe
2 745 GCH
3 775 Nth Sligo

Boys U16

1 730 Castlebar
2 732 GCH
3 731 Craughwell

Boys U17

1 753 GCH
2 752 Craughwell
3 751 Ballina

Boys U18

1 736 GCH
2 735 Carrick - O - S
3 737 GCH B

Boys U19

1 755 GCH

Boys U15

1 459 Ciaran Treacy Ballina
2 556 Evan McGuire GCH
3 620 Aaron McLoughlin Swinford

Boys U16

1 494 Conor Helbert Castlebar
2 509 Michael Owen Kilduff Claremorris
3 567 Dean Gavagan GCH

Boys U17

1 783 Ronan Kelly Westport
2 585 Simon Callaghan GCH
3 702 Emmet Creaven Loughrea

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RESULTS

Girls U18

1 543 Cathriona Farrell Craughwell

Sen W

1 547 Sarah Finnegan Craughwell

SHOT PUTT

Girls U15

1 672 Sarah Oates Nrth Sligo

2 490 Kate Heneghan Castlebar

3 718 Danielle Kenny St Ronan's

Girls U16

1 443 Hannah Kindregan Athenry

2 650 Alice Dever Westport

Girls U17

1 Cliona Ni Cheallaigh GCH

2 627 Fionnuala Mulroy Swinford

3 638 Shauna Monaghan Tuam

Girls U18

1 Sarah Ni Loinsigh GCH

2 652 Lucy McKenna Westport

3 651 Louise Carroll Westport

Girls U19

1 639 Nicola Monaghan Tuam

Sen W

1 705 Mary Barrett Loughrea

2 547 Sarah Finnegan Craughwell

Sen W

1 705 Mary Barrett Loughrea

2 547 Sarah Finnegan Craughwell

HJ

Girls U15

Boys U18

1 466 David Healy Ballina

2 600 Seamus O'Conghaile GCH

3 599 Alan Campbell GCH

Boys U19

1 665 Caoimhne McGreal Westport

2 785 Cian Mc Manamon Westport

Boys U15

1 480 Aaron McLoughlin Carrick -O-S

2 556 Evan Mc Guire GCH

Boys U16

1 529 Paul McGill Craughwell

2 498 Eamon Regan Castlebar

3 625 Darragh Campbell Swinford

Boys U17

1 464 Dean Gillespie Ballina

2 463 Conor Murphy Ballina

3

Boys U18

1 784 Liamonas Ruibys Westport

2 632 Fergal Loftus Swinford

3

Boys U19

1 725 Mark Treacy St. Ronan's

Boys U15

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1 519 Marie McNamara Craughwell
 2 617 Roisin Cafferty Swinford
 3 640 stephaine henehan Westport

1 557 Henry Griffin GCH
 2 507 Eoin Duffy Claremorris

Girls U16

1 645 Katie Hyland Westport
 2 526 Orla Ryan Craughwell

Boys U16

1 509 Michael Owen Kilduff Claremorris
 2 532 Ross Haverty Craughwell

Girls U17

1 447 Sorcha Murphy Athenry
 2 511 Aisling Costello Claremorris

Boys U17

1 782 tony sadik Westport
 2 541 Tomas Keehan Craughwell

Girls U18

1 543 Cathriona Farrell Craughwell
 2 454 Serena Hansberry Athenry
 3 545 Sophie Ralston Craughwell

Sen W

1 547 Sarah Finnegan Craughwell
 2 705 Mary Barrett Loughrea

TJ

Girls U18

1 544 Rachel Finnegan Craughwell
 2 758 Serena Hansberry Athenry

Boys U18

1 466 David Healy Ballina

Sen W

1 547 Sarah Finnegan Craughwell