

Sunday 14th February

Start 11.00 a.m.

Outer Track

- 1 Girls U14-U15 1000m Walks
- 2 Boys U14/15 1000m Walks
- 3 Girls U16 to U19 1500m Walks
- 4 Boys U16 to U19 1500m Walks
- 5 Girls U16/17 1500m
- 6 Boys U16/17 1500m
- 7 Girls U18/19 1500m
- 8 Boys U18/19 1500m
- 9 Girls U18 300m
- 10 Girls U19 400m
- 10 Boys U18/19 400m
- 11 Girls U16 800m
- 12 Boys U16 800m
- 13 Girls U17 800m
- 14 Boys U17 800m
- 15 Girls U12 600m
- 16 Boys U12 600m
- 17 Girls U13 600m
- 18 Boys U13 600m
- 19 Girls U14 800m
- 20 Boys U14 800m
- 21 Girls U15 800m
- 22 Boys U15 800m
- 23 Girls U18 800m
- 24 Boys U18 800m
- 25 Girls U19 800m
- 26 Boys U19 800m
- 27 Girls U16 200m
- 28 Boys U17 200m
- 29 Girls U18 200m
- 30 Boys U18 200m
- 31 Girls U19 200m
- 32 Boys U19 200m

Senior Athletes compete with U19

Saturday 20th March 2010

Start 11.00 a.m.

Outer Track

- 1 Girls U18 200m Relays
- 2 Boys U18 200m Relays
- 3 Girls U16 200m Relays
- 4 Boys U16 200m Relays
- 5 Girls U14 200m Relays
- 6 Boys U14 200m Relays
- 7 Girls U12 100m relays
- 8 Boys U12 100m relays

Finals of relays

- 10 Girls U19 200m Relays
- 11 Boys U19 200m Relays
- 12 Girls U17 200m Relays
- 13 Boys U17 200m Relays
- 14 Girls U15 200m Relays
- 15 Boys U15 200m Relays
- 16 Girls U13 100m Relays
- 17 Boys U13 100m Relays

Finals of relays

Day 1

Start 11.00 a.m.

Inner Track

- 1 Girls U12 60m Heats
- 2 Boys U12 60m
- 3 Girls U13 60m
- 4 Boys U13 60m
- 5 Girls U14 60m
- 6 Boys U14 60m
- 7 Girls U15 60m
- 8 Boys U15 60m
- 9 Girls U16 60m
- 10 Boys U16 60m
- 11 Girls U17 60m
- 12 Boys U17 60m
- 13 Girls U18 60m Final
- 14 Boys U18 60m Final
- 15 Girls U19 60m Final
- 16 Boys U19 60m Final

Finals U12 to U15

Field Events

Start 11.00 a.m.

Long Jump 2 pits

- Girls U17/18/19 LJ
- Boys U17/18/19 LJ
- Girls U15/U16 LJ
- Boys U15/16 LJ
- Girls U14 Long Jump
- Boys U14 Long Jump
- Girls U13 Long Jump
- Boys U13 Long Jump
- Girls U12 Long Jump
- Boys U12 Long Jump

Girls U18/19 Triple Jump

Boys U18/19 Triple Jump

Shot Putt 12.00 noon

Girls U18/19 Shot

- Boys U19 shot
- Girls U16/17 shot
- Boys U17/18 shot
- Girls U15 shot
- Boys U15 shot
- Girls U14 shot
- Boys U14 shot
- Girls U13 shot
- Boys U13 shot
- Girls U12 Shot
- Boys U12 shot

Girls and boys may be combined with weights

Day 2

Start Time 11.00 a.m.

Inner Track

- 1 Girls U13 60m Hurdles
- 2 Boys U13 60m Hurdles
- 3 Girls U14 60m Hurdles
- 4 Boys U14 60m Hurdles
- 5 Girls U15 60m Hurdles
- 6 Boys U15 60m Hurdles
- 7 Girls U16 60m Hurdles
- 8 Boys U16 60m Hurdles
- 9 Girls U17 60m hurdles
- 10 Boys U17 60m Hurdles
- 11 Girls U18 60m Hurdles
- 12 Boys U18 60m Hurdles
- 13 Girls U19 60m Hurdles
- 14 Boys U19 60m Hurdles

Finals of Hurdles

Field Events

After hurdles

- U12 High Jump
- U13 High Jump
- U14 High Jump
- U15 High Jump
- U16 High Jump
- U17 High Jump
- U18 High Jump
- U19 High Jump

High jumps may be combined