



**ENNIS TRACK ATHLETIC CLUB**  
**Barry Coughlan Memorial Open Sports Day**

**Sunday 22<sup>nd</sup> May 2011.**  
**Lees Road Sports Facility, Drumcliffe Road, Ennis**

**Start @ 12 Noon Sharp**

**Admission €4 including race entry**

**Tiny Tots 50m & 80m**

**U/7 Boys & Girls 60m & 100m**

**U/8 Boys & Girls 60m & 100m**

**U/9 Boys & Girls 80m & 200m**

**U/10 Boys & Girls 80m & 200m**

**U/11 Boys & Girls 100m, 300m & Long Jump**

**U/12 Boys & Girls 100m, 600m & Long Jump**

**U/13 Boys & Girls 100m, 600m & Long Jump**

**U/14 Boys & Girls 100m, 800m & Shot**

**U/15 Boys & Girls 100m, 800m & Javelin**

**U/16 Boys & Girls 100m, 800m & Shot**

**Junior Men & Ladies 100m, 800m & Javelin**

**N.B. Senior Ladies & Senior Men's Mile races start at 2pm**

**Senior Ladies 100m & 1 Mile**

**Senior Men 100m & 1 Mile**

- Medals for all Tiny Tots; U/7 & U/8
- Relays for u/8; u/10; u/12; u/14 & Juniors
- Athletes must compete in their own age group, except in relays they can move up one age group
- Trophies for 1<sup>st</sup> 3 Juveniles & Prizes for 1<sup>st</sup> 3 Seniors
- Medals for 1<sup>st</sup> 3 teams in relays

• **Contact: Gerry Hayes 086 3781912**