

Craughwell Athletic Club

Constitution

(Revision 008 - formally adopted at AGM on 12 January 2009)

1. General

1.1 Changes to the Constitution

Changes to this Constitution may only be made at an Annual General Meeting (AGM) or an Extraordinary General Meeting (EGM). Any proposed change must be provided in writing to the Secretary at least one week in advance of the meeting or must be recorded in the minutes of an Executive or Senior Subcommittee meeting.

1.2 Name and Affiliation

- a) The name of the club is Craughwell Athletic Club (Craughwell AC).
- b) The club will affiliate each year to the Athletic Association of Ireland (AAI).

1.3 Ethos

*Mól an Óige agus tiocfaidh siad
Praise the youth and they will flourish*

The club endeavors to provide an environment where each member of the club can participate in club activities in a fun, pressure-free and safe manner and can develop to their potential, whether that is as an international athlete or involvement at local level only.

1.4 Ethics

Craughwell AC is fully committed to safeguarding the well being of all of its members. Every individual in the club should at all times, show respect and understanding for members rights, safety and welfare and conduct themselves in a way that reflects the principles of the AAI and the guidelines contained in the AAI's *Code of Ethics and Good Practice for Children's Sport*.

1.5 Objectives

- a) To promote the development of athletics in Craughwell and its surrounds
- b) To provide activities which encourage its members to have a healthy and active lifestyle
- c) To develop its members to their potential, including those whom aspire to any or all of the following
 - § elite international standards
 - § competitive at local or national level in athletic competitions
 - § an active lifestyle with occasional participation in races or competitions
- d) To participate across the range of competitions in athletics, including cross-country, indoor track and field, outdoor track and field
- e) To provide opportunities for special needs and paralympics athletes as well as able-bodied athletes
- f) To progress the acquisition and development of sports facilities in the locality which will support the club's ethos and objectives

1.6 Colours

The club colours are:-

- § Singlet – Emerald green and white

1.7 Club Structure

- a) The club comprises 2 distinct sections:-
 - § Juveniles (i.e. under 19s) and juniors (under 20)
 - § Senior, which encompasses seniors (under 35) and masters (over 35)
- b) The affairs of each section will be run independently (i.e. separate committees and finances) but both are governed by this Constitution.
- c) The Executive Committee of the club will run the juvenile and junior section.
- d) A separate Senior Subcommittee will run the senior/masters section of the club, although some roles may overlap with the Executive Committee.
- e) Each section will have its own meetings as necessary and will keep its finances separate.
- f) Each section will hold its own AGM and the outgoing committee/sub-committee will continue to function until a new committee/sub-committee is elected at each AGM.
- g) Each AGM will be held each year during the months of December or January e.g. the AGM for 2008 should be held either in December 2008 or January 2009.
- h) At each AGM, a financial statement of account shall be given by the Treasurer. This account shall include a full record of that section of the club's income and expenditure, together with a list of its assets and their end-of-year valuation
- i) Each section will define its own set of rules for the running of their section of the club, by which all members will be bound.
- j) Breaches of the rules will be considered by the committee and may result in the suspension or expulsion of a member from the club and from competition as outlined in the Rules.
- k) No committee member or coach within the club shall be compensated by the club for services rendered, except for exceptional expenses which shall be agreed in advance by either the Executive Committee or Senior Subcommittee as appropriate.

1.8 Election and Operation of Committees

- a) The terms of this section apply to both the Executive Committee and Senior Subcommittee.
- b) Each committee will have three Officer positions - Chairperson, Treasurer and Secretary and a minimum of 3 other members all of whom are elected at the corresponding AGM. Each committee will have a maximum of 12 members including the three Officers.
- c) The term of office of each committee is 1 year and the full committee is automatically deemed to have resigned at the following AGM.
- d) Of the 3 Officer positions, the same person cannot be elected to the same position for more than 3 years but is eligible for election to other positions. For example, if a person was Chairperson in 2002, again in 2004 and again in 2007, that person cannot ever hold that position again but can hold other positions.
- e) The same person may hold the same or different positions on either the Executive Committee or Senior Subcommittee.
- f) Each committee may identify other positions on the committee to be filled at the AGM or at later committee meetings.
- g) In the event that a member of the committee resigns during the year, the committee may appoint another person to that role without that person having been elected at the AGM.
- h) The committee may appoint subcommittees to follow-up on different matters for the club. These subcommittees may comprise members from the committee, other members of the club or people from outside the club.

2. Extraordinary General Meeting (EGM)

- a) An EGM can be convened at the request of any of the following
 - § the Executive Committee
 - § the Senior Subcommittee
 - § 20 people who are entitled to vote at the AGM of either section of the club as defined in later sections
- b) An EGM must have a quorum of 10 of the above people.
- c) Due care should be taken to give all members 10 days notice of an EGM. This can be done via email or the Web.
- d) All people who are entitled to vote at either AGM are entitled to vote at an EGM but each person will only have 1 vote.
- e) All votes are decided on a majority. The Chairperson of the Executive Committee will have the casting vote in the event of a tie.

3. Juvenile Section

3.1 Membership

- a) Membership is open to
 - § juveniles, i.e. aged 18 or younger in the year of membership
 - § juniors, i.e. aged 19 in year of membership
 - § coaches and parents of these athletes

The entry age will be defined by the Executive Committee in the rules.

- b) There is no particular catchment area for juvenile members of the club, but due consideration should be given to other clubs' views in regard to catchment area so as to avoid conflicts where possible.
- c) The membership fee and other fees payable will be set by the Executive Committee each year.

3.2 Annual General Meeting (AGM)

- a) The juvenile AGM must have a quorum of 10 people who are
 - § parents of juvenile members of the club in the year just gone or in the forthcoming year
 - § coaches of these juvenile athletes who are also members of the club
 - § members of the outgoing Executive Committee
 - § junior members
 - § juvenile members aged 16 or older

each of whom is entitled to 1 vote at the AGM (i.e. both parents have a vote each).

- b) Juvenile members younger than 16 do not have a vote – instead they can be represented by one or both of their parents who have the right to vote as per 3.2(a) above.
- c) Each person is entitled to only 1 vote, even if they have more than 1 child in the club.
- d) Members of other athletic clubs may attend the AGM but do not have a vote.
- e) All votes are decided on a majority. The Chairperson of the Executive Committee will have the casting vote in the event of a tie.
- f) All voting on the election of the Executive Committee will be conducted by secret ballot at the AGM.

3.3 Committee Meetings

Meetings of the Executive Committee will require a quorum of 5 of its members. Guests may attend committee meetings but cannot vote, for example parents or coaches who are not on the committee.

4. Senior Section

4.1 Membership

- a) Membership is open to
 - § seniors, i.e. aged 20 or older in year of membership
 - § masters, i.e. aged 35 or older
- b) Catchment areas do not exist within Co. Galway for these athletes. Athletes join whatever club they have the most affinity with. Note however that the club is bound by the rules of the AAI in regard to transfers from other clubs.
- c) Membership fees and other fees are set by the Senior Subcommittee.

4.2 Annual General Meeting (AGM)

- a) The AGM must have a quorum of 10 people who are
 - § senior or master members of the club in the forthcoming or preceding year
 - § coaches of these athletes
 - § members of the outgoing Senior Subcommitteeeach of whom is entitled to 1 vote at the AGM.
- b) Members of other athletic clubs may attend the AGM but do not have a vote.
- c) The Chairperson of the Senior Subcommittee will have the casting vote in the event of a tie.
- d) All voting on the election of the Senior Subcommittee will be conducted by secret ballot at the AGM.

4.3 Committee Meetings

Meetings will require a quorum of 3 of its members. Guests may attend meetings of the Senior Subcommittee but cannot vote.