

Galway Junior/Senior/Masters Track and Field Championships

Day 1 – Sunday 29th June 2014 – NUI Galway Dangan Sportsground

200 Metres

Junior/Senior Women

wind speed +1.4m/s

Number	First Name	Second Name	Club	Time	Age	Medal
2981	Louise	Holmes	KCH	24.98	Senior	
2969	Sinead	Treacy	Craughwell AC	25.43	Junior	GOLD JUNIOR
2957	Meave	Farrell	Loughrea AC	27.46	Junior	SILVER JUNIOR
2987	Sarah	Finnegan	Craughwell AC	28.03	Senior	GOLD SENIOR
2996	Niamh	Hennelly	GCH	30.31	Senior	SILVER SENIOR

Masters Women

Wind speed +1.5m/s

Number	First Name	Second Name	Club	Time	Age	Medal
2982	Jane	Walsh	GCH	33.42	M35	GOLD M35
2971	Esther	O'Flaherty	GCH	34.35	M35	SILVER M35
2970	Emer	O'Connell	Corrib AC	35.71	M35	BRONZE M35
2948	Peggy	Higgins	Corofin AC	39.94	M50	GOLD M50

Junior Men

Wind speed -0.5m/s

Number	First Name	Second Name	Club	Time	Age	Medal
2958	Conor	Duggan	Craughwell AC	22.87	Junior	GOLD JUNIOR
2973	James	Mitchell	GCH	23.52	Junior	SILVER JUNIOR
2974	Robert	Meagher	GCH	23.61	Junior	BRONZE JUNIOR
2968	Henry	Griffin	GCH	23.87	Junior	
2975	Samuel	Samson	GCH	23.97	Junior	
2950	Darra	Deane	Lake District AC	24.18	Junior	
2976	Ayomide	Olatunde	GCH	24.31	Junior	
2946	John	Cormican	Craughwell AC	DNF	Junior	

Senior/Master Men

Heat 1 Wind speed +1.2m/s. Heat 2 Wind speed +0.9m/s

Number	First Name	Second Name	Club	Time	Age	Medal
2953	Ronan	Coyle	GCH	24.01	Senior	GOLD SENIOR
2978	Tomas	Mitkus	0	25.41	Senior	
2963	Ronan	Mc Carthy	Athenry AC	26.58	M35	GOLD M35
2964	Alphonsus	Heneghan	Loughrea AC	27.31	M35	SILVER M35
2966	Andrew	Connaire	0	27.61	Senior	
2959	Colman	Greene	Clare River Harriers	29.55	M50	GOLD M50
2983	Liam	Nolan	South Galway AC	29.86	M35	BRONZE M35
2961	Michael	Stapleton	Loughrea AC	29.90	M50	SILVER M50
2825	Richard	O'Hanlon	GCH	32.07	M50	BRONZE M50
2994	Tommy Joe	Whyte	Tuam AC	32.70	M50	
2988	Paul	McDonagh	Maree AC	34.29	M50	
2967	Kevin	O'Dea	CRH	35.07	M35	

800 Metres

800m Women

Number	First Name	Second Name	Club	Time	Age	Medal
2972	Caroline	Whiriskey	Loughrea AC	2:24.83	Senior	GOLD SENIOR
2996	Niamh	Hennelly	GCH	2:31.07	Senior	SILVER SENIOR
2986	Rachel	Finnegan	Craughwell AC	2:37.30	Senior	BRONZE SENIOR
2982	Jane	Walsh	GCH	2:43.69	M35	GOLD M35
2970	Emer	O'Connell	Corrib AC	2:52.64	M35	SILVER M35
2948	Peggy	Higgins	Corofin AC	3:24.15	M50	GOLD M50

800m Junior Senior Men

Number	First Name	Second Name	Club	Time	Age	Medal
2949	Peadar	Harvey	Craughwell AC	2:00.27	Senior	GOLD SENIOR
2962	Peter	O'Sullivan	Loughrea AC	2:00.90	senior	SILVER SENIOR
2947	Damian	O'Boyle	Craughwell AC	2:00.94	Junior	GOLD JUNIOR
2960	kevin	McGlone	Sligo AC	2:04.72	Senior	
2952	Karl	Fitzmaurice	Crusaders AC	2:04.84	Senior	
2946	John	Cormican	Craughwell AC	2:06.17	Junior	SILVER JUNIOR
2979	Richard	Farnan	GCH	2:07.52	Senior	BRONZE SENIOR
2956	David	Brown	Loughrea AC	2:11.79	Junior	BRONZE JUNIOR

800m Masters Men

Number	First Name	Second Name	Club	Time	Age	Medal
2944	Sean	McDermott	Castlegar AC	2:18.04	M35	GOLD M35
2964	Alphonsus	Heneghan	Loughrea AC	2:30.75	M35	SILVER M35
2967	Kevin	O'Dea	CRH	2:31.70	M35	BRONZE M35
2959	Colman	Greene	Clare River Harriers	2:34.86	M50	GOLD
2966	Andrew	Connaire	0	2:35.46	Senior	
2983	Liam	Nolan	South Galway AC	2:35.99	M35	
2989	Vincent	Jordan	GCH	2:37.65	M35	
2994	Tommy Joe	Whyte	Tuam AC	2:41.38	M50	SILVER M50
2823	Martin	Mc Evelly	GCH	2:42.16	M50	BRONZE M50
2988	Paul	McDonagh	Maree AC	2:52.88	M50	

3000 Metres

Number	First Name	Second Name	Club	Time	Age	Medal
2972	Caroline	Whiriskey	Loughrea AC	11:05.47	Senior	GOLD SENIOR
2971	Esther	O'Flaherty	GCH	11:20.39	M35	GOLD M35
2996	Niamh	Hennelly	GCH	11:50.71	Senior	SILVER SENIOR
2982	Jane	Walsh	GCH	12:09.88	M35	SILVER M35
2970	Emer	O'Connell	Corrib AC	12:10.67	M35	BRONZE M35
2992	Sabina	O'Regan	Loughrea AC	13:39.07	Senior	BRONZE SENIOR
2948	Peggy	Higgins	Corofin AC	15:03.72	M50	GOLD M50

5000 Metres

Number	First Name	Second Name	Club	Time	Age	Medal
2962	Peter	O'Sullivan	Loughrea AC	16:15.81	senior	GOLD SENIOR
2995	Oliver	Mullins	Craughwell AC	16:46.24	M35	GOLD M35
2827	Gerry	Carty	GCH	16:54.04	M35	SILVER M35
2991	Seamus	Laddy	GCH	17:17.68	M35	BRONZE M35
2990	Michael	Kerrin	Maree AC	18:10.39	Senior	SILVER SENIOR
2994	Tommy Joe	Whyte	Tuam AC	18:19.38	M50	GOLD M50
2824	Martin	Kearney	GCH	18:38.64	M50	SILVER M50
2989	Vincent	Jordan	GCH	19:08.56	M35	
2988	Paul	McDonagh	Maree AC	19:17.73	M50	BRONZE M50
2823	Martin	Mc Evelly	GCH	19:25.62	M50	
2993	Joseph	Clancy	Loughrea AC	19:28.11	M35	
2998	Thomas	Porter	Craughwell AC	20:36.35	M50	
2964	Alphonsus	Heneghan	Loughrea AC	22:42.74	M35	
2966	Andrew	Connaire	0	24:18.33	Senior	

4 x 100m

Lane	Time
Craughwell	47.69
Loughrea A	53.87
Loughrea B	63.19

Shot Putt

Number	First Name	Second Name	Club	Age	Throw 1	Throw 2	Throw 3	Throw 4	Throw 5	Throw 6	Best	Medal
2945	John	Kelly	Finn Valley AC	Junior	15.77	15.79	x	15.76	16.21	16.62	16.62	
2980	Sean	Breathnach	GCH	Senior	15.49	15.32	15.52	15.52	15.82	x	15.82	GOLD SENIOR
2977	Linas	Mitkus	GCH	M35	12.47	12.69	13.42	x	13.39	x	13.42	GOLD M35
2951	Eanna	O'Cathain	GCH	Senior	9.79	11.30	11.00	11.10	11..81	11.76	11.81	SILVER SENIOR
2985	Cliff	Jennings	GCH	M50	10.23	10.36	10.25	10.55	11.11	10.98	11.11	GOLD M50
2943	Brendan	Staunton	GCH	Senior	10.11	x	9.75	9.93	x	10.33	10.33	BRONZE SENIOR
2825	Richard	O'Hanlon	GCH	M50	-	-	9.28	x	x	9.83	9.83	SILVER M50
2954	Mike	Conerney	GCH	Senior	8.65	9.00	9.22	x	9.25	x	9.25	
2965	Mark	Whiriskey	0	Senior	6.49	6.26	x	6.27	5.91	6.00	6.49	
2967	Kevin	O'Dea	CRH	M35	x	5.33	5.57	5.65	-	-	5.65	SILVER M35

Number	First Name	Second Name	Club	Age	Throw 1	Throw 2	Throw 3	Throw 4	Throw 5	Throw 6	Best	Medal
2942	Mary	Barrett	Loughrea	M50	9.14	9.40	9.05	9.58	9.75	10.08	10.08	GOLD M50
2948	Peggy	Higgins	Corofin AC	M50	-	-	-	-	-	6.12	6.12	SILVER M50

Discus

Number	First Name	Second Name	Club	Age	Throw 1	Throw 2	Throw 3	Throw 4	Throw 5	Throw 6	Best	Medal
2980	Sean	Breathnach	GCH	Senior	44.41	44.41	45.89	47.85	45.48	x	47.85	GOLD SENIOR
2977	Linas	Mitkus	GCH	M35	42.19	40.88	40.03	x	x	40.94	42.19	GOLD M35
2954	Mike	Conerney	GCH	Senior	36.28	36.96	37.11	37.43	37.15	x	37.43	SILVER SENIOR
2943	Brendan	Staunton	GCH	Senior	x	32.84	31.20	34.51	32.62	x	34.51	BRONZE SENIOR
2951	Eanna	O'Cathain	GCH	Senior	32.52	29.77	33.60	31.97	32.38	33.13	33.60	
2985	Cliff	Jennings	GCH	M50	31.24	x	x	30.94	31.11	x	31.24	GOLD M50
2825	Richard	O'Hanlon	GCH	M50	24.28	26.13	27.18	29.53	x	29.70	29.50	SILVER M50

Number	First Name	Second Name	Club	Age	Throw 1	Throw 2	Throw 3	Throw 4	Throw 5	Throw 6	Best	Medal
2942	Mary	Barrett	Loughrea	M50	20.96	22.40	22.69	23.76	24.55	-	24.55	GOLD M50
2948	Peggy	Higgins	Corofin AC	M50	-	13.18	14.62	13.65	13.97	-	14.62	SILVER M50

Weight For Distance

Number	First Name	Second Name	Club	Age	Throw 1	Throw 2	Throw 3	Throw 4	Best	Medal
2980	Sean	Breathnach	GCH	Senior	7.94	x	x	x	7.94	GOLD SENIOR
2951	Eanna	O'Cathain	GCH	Senior	6.39	6.75	x	x	6.75	SILVER SENIOR
2977	Linas	Mitkus	GCH	M35	6.25	x	6.06	x	6.25	GOLD M35
2978	Tomas	Mitkus	0	Senior	5.33	5.32	5.65	5.81	5.81	
2954	Mike	Conerney	GCH	Senior	5.55	5.46	x	5.26	5.55	BRONZE SENIOR
2943	Brendan	Staunton	GCH	Senior	4.88	4.64	5.37	5.40	5.40	

Long Jump

Number	First Name	Second Name	Club	Age	Jump 1	Jump 2	Jump 3	Jump 4	Jump 5	Jump 6	Best	Medal
2969	Sinead	Treacy	Craughwell AC	Junior	4.83	4.91	4.93	-	5.07	5.03	5.07	GOLD JUNIOR
2987	Sarah	Finnegan	Craughwell AC	Senior	4.36	4.50	4.27	4.33	-	4.48	4.50	GOLD SENIOR
2957	Meave	Farrell	Loughrea AC	Junior	4.24	4.24	4.36	4.20	4.31	4.42	4.42	SILVER SENIOR
2942	Mary	Barrett	Loughrea	M50	3.50	3.65	3.70	3.65	-	-	3.70	GOLD M50
2948	Peggy	Higgins	Corofin AC	M50	2.77	2.94	2.81	3.00	x	x	3.00	SILVER M50

Number	First Name	Second Name	Club	Age	Jump 1	Jump 2	Jump 3	Jump 4	Jump 5	Jump 6	Best	Medal
2955	Evan	Quirke	Athenry AC	Junior	6.31	6.07	5.89	6.24	5.89	6.04	6.31	GOLD JUNIOR
2968	Henry	Griffin	GCH	Junior	5.66	5.67	-	5.35	5.78	5.78	5.78	SILVER JUNIOR
2984	Matthew	McKiernan	Craughwell AC	Junior	5.51	5.44	5.51	-	5.36	5.75	5.75	BRONZE JUNIOR
2963	Ronan	McCarthy	Athenry AC	M35	4.91	4.92	4.94	4.48	x	x	4.94	GOLD M35
2950	Darra	Deane	Lake District AC	Junior	4.41	4.80	4.49	4.65	4.81	4.18	4.81	
2961	Michael	Stapleton	Loughrea AC	M50	4.64	-	4.62	4.59	x	x	4.64	GOLD M50
2964	Alphonsus	Heneghan	Loughrea AC	M35	4.31	4.41	4.54	3.83	-	-	4.54	SILVER M35
2985	Cliff	Jennings	GCH	M50	3.99	4.06	-	-	-	-	4.06	SILVER M50
2967	Kevin	O'Dea	CRH	M35	1.95	2.75	3.05	2.92	x	x	3.05	BRONZE M35