

Please return completed form to:

Craughwell AC Summer Camps  
c/o Peadar Harvey  
Stradbally North,  
Clarinbridge,  
Co. Galway



For more information, contact:

Email: [summercamp@craughwellac.com](mailto:summercamp@craughwellac.com)

Web: [www.craughwellac.com](http://www.craughwellac.com)

Phone: Peadar @ 086 353 5904



Skills development

Trained leaders



Sports Day



Skills Assessment

3-legged relays

Tag rugby

fit 4 fun

Summer Camp 2016  
@ Craughwell AC

When?  
4-8 July  
15-19 August

Where?  
Craughwell NS

What time?  
10am to 2pm

What cost?  
€60 / person\*  
€120 / family



A summer camp with a difference!  
Advanced and beginners programs

Novelty games



Team challenges

Egg & spoon



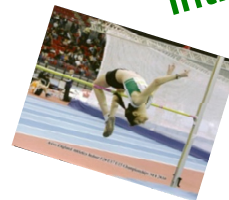
Wheelbarrow races

Crazy relays

Rounders



Tug-o-war



Introduction to athletics



And many more games

**Craughwell AC's fit4fun multi-sport summer camp is on again!**

- Led by trained coaches and athletes from Craughwell AC.
- Aimed at primary school children from sixth class down to those entering first class.
- Open to all children from all areas.
- Places restricted and filled on a first-come first-served basis.
- Fun games and activities
  - Novelty relays – wellingtons, t-shirts, wheels
  - Tug-o-war
  - Long jump
  - Novelty running games
  - Throwing
  - High jump
  - Obstacle course
  - Treasure hunts
  - Hurdles
  - And many more fun games
- Advanced coaching for athletics events
- Suitable for all levels of fitness
- Beneficial for all sports
- Skills assessment
- Introduces new sports/events to children
- Progresses existing skills



**What you need to bring: Packed lunch and water bottle**

**What you need to wear: Tracksuit; runners; shorts/t-shirt; raincoat; sunhat!**

**How much?**

- €60 per week (\* €10 discount if already a member of an athletic club )
- Maximum €120 per family.

**Registration Details**

Name	Birthday	Camp Date <sup>1</sup>	Club <sup>2</sup>
1) .....	.....	.....	.....
2) .....	.....	.....	.....
3) .....	.....	.....	.....
4) .....	.....	.....	.....

<sup>1</sup> Please indicate the date of the preferred camp.  
<sup>2</sup> Discount available if already a member of an athletic club..

**Parent/Guardian Contact Information**

Name: .....

Address: .....

Mobile: .....

Email: .....

**Secondary Contact Information**

Name: .....

Mobile: .....

**Medical Conditions**

If any of the participants have a condition of which we need to be aware, please indicate participant names and condition below.

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**Confirmation**

I have read and agree to the following conditions:-

- I enclose a deposit of €25 per participant.
- I agree that I and the above participants will abide by the code of ethics at [www.craughwellac.com/site/images/Code\\_of\\_ethics.pdf](http://www.craughwellac.com/site/images/Code_of_ethics.pdf).

**Parent/Guardian Signature:** .....

**Date:** .....