

Galway OUTDOOR Track & Field Championships 2017

Dangan Saturday 29th April 2017 @ 10.00am

PLEASE NOTE, THE TIMES BELOW ARE PROVIDED AS GUIDELINES ONLY TO ALLOW

ATHLETES AND COACHES TO ESTIMATE THEIR EVENT START TIMES.

The order of events will remain as per below but all start times are provisional and subject to change.

They will be brought forward if the day runs smoothly so please arrive at least an hour before your event is due to start.

If running behind schedule, athletes can use the information below to estimate the revised start time as the order of events will be adhered to.

Time	Track	Entries	# Heats	Duration	Time	Long Jump 1	# Entries	Duration
9.00	SetUp Long Hurdles							
10.00	U15Girls 250m Hurdles (2'3",Green)	3	1	5	10.15	U15 Girls Long Jump	17	51
10.05	U15 Boys 250m Hurdles (2'3",Green)	4	1	5	10.40	U16/17 Girls Long Jump	12	36
10.10	U16/17 Girls 250m Hurdles (2'3",Green)	6	1	5	11.00	U18/19 Girls & Sen. F LJ	9	27
10.15	U16/17 Boys 250m Hurdles (2'6",Green)	3	1	5	11.10	U13 Girls LJ(after U13 60mh)	27	81
10.20	U18/19 Girls 400m Hurdles (2'6",Green)	2	1	5	12.35	U14 Girls LJ(after U14 relay)	21	63
10.25	U18/19 Boys 400m Hurdles (2'9",Green)	3	1	5				
10.35	Senior Men 400m Hurdles (3') (Green)	1	1	5		Finished by 1:35pm		
10.40	Set Up Sprint Hurdles	0	0	10				
10.50	U13 Girls 60mHurdles (2' 3", pink)	22	3	10		Long Jump 2		
11.00	U13 Boys 60mHurdles (2' 3", pink)	10	2	5				
11.05	U13 Girls 60mHurdles (2' 3", pink) FINAL	8	1	5	10.15	U15 Boys Long Jump	4	12
11.10	U13 Boys 60mHurdles (2' 3", pink) FINAL	8	1	5	10.35	U16/17 Boys Long Jump	5	15
11.15	U14 Girls 75mHurdles (2' 3", orange)	8	1	5	10.45	U18/19 Boys LJ	5	15
11.20	U14 Boys 75mHurdles (2' 6", orange)	10	2	10	11.00	U13 Boys LJ(after U13 60mh)	18	54
11.30	U14 Boys 75mHurdles (2' 6", orange) FINAL	8	1	5	12.20	U14 Boys LJ(after U14relay)	11	33
11.35	U15 Girls 80m Hurdles (2'6", Black)	8	1	5	1pm	Senior Men LJ	8	24
11.40	U16/17 Girls 80m/100mHurdles (2' 6", black)	3	1	5				
11.45	U15 Boys 80mHurdles (2' 9", black)	3	1	5		Triple Jump on Long Jump2		
11.50	U18/19 Girls 100/110mHurdles (2' 6", yellow)	2	1	5	1.30pm	U15 - U17 Girls & Boys	6	18
11.55	U16/17 Boys 80m/100mHurdles (2' 9", yellow)	2	1	5		U18 - Senior	9	27
12pm	U18/19 Boys 100/110mHurdles (3', blue)	3	1	5		Finished by 2.15pm		
	Senior Men Hurdles 110m Hurdles (3'6")	2	1	5				
12.05	Clear away hurdles	0	0	10		Shot Putt		
12.15	U13 Girls Relay	12	2	8	10am	U13 Boys Shot(2kg)	6	18
12.23	U13 Boys Relay	4	1	8	10.18	U15 Girls Shot(2.72kg)	4	12
12.31	U14 Girls Relay	11	2	8	10.30	U15 Boys Shot(3kg)	2	6
12.39	U14 Boys Relay	4	1	8	10.36	U16/17 Girls Shot(4kg)	2	6
12.47	U15 Girls Relay	6	1	8	10.42	U13 Girls Shot(2kg)	8	24
12.55	U15 Boys Relay	3	1	8	11.06	U14 Girls Shot(2kg)	8	24
1.03pm	U16 Girls (4) & U17 Girls (1) Relay	5	1	8	11.30	U14 Boys Shot(2.72kg)	4	12
1.11	U18 Girls 4 x 100m Relay	2	1	8	11.42	U18/19 Girls Shot(3kg)	2	6
1.19	Senior Men 4 x 100m Relay	3	1	8	11.48	U18/19 Boys Shot(5kg)	1	3
1.27	U18 Girls 4 x 400m Relay	2	1	8	11.50	Senior Women Shot	2	4
1.35	U13 Girls Relay Final	8	1	8	11.54	Senior Men Shot	10	30
1.43	U14 Girls Relay Final	8	1	8		Finished by 12.30pm		
1.51	U14 & U15 Girls Walk 2,000m	2	1	12				
1.59	U14 & U16/17 Boys Walk 2,000m & 3,000m	3	1	12		High Jump		
	BREAK				12.00	U16/17/18/19 Boys/Girls HJ	7	30
2.20	U13 Girls 600m	25	2	10	12.30	U15 Girls/Boys HJ(5+7)	12	45
2.30	U13 Boys 600m	14	1	5	1pm	U14 Girls/Boys(3+4)	7	30
2.35	U14 Girls 800m	9	1	5	1.30	U13 Girls	15	30
2.40	U14 Boys 800m	8	1	5	2pm	U13 Boys	7	30
2.45	U15 Girls 800m	12	1	5	2.30	Senior Women & Men HJ	2	10
2.50	U15 Boys 800m	2	1	5		Finish by 2:45pm		
2.55	U16/17/18/19 Girls 800m	12	1	5				
3pm	U16/17/18/19 Boys 800m	6	1	5		Javelin		
3.05	Senior Women 800	6	1	5	1pm	U13 Girls (9) / Boys (6) Jav(400)	14	30
3.10	Senior Men 800	11	1	5	1.30	U14 Girls (7) / Boys (8) Jav(400)	15	30
					2pm	U15 -U17 Girls/Boys Jav	15	45
3.15	U13 Girls 80m	40	5	9	5pm	U18/19 - Senior Jav.	7	21
3.24	U13 Boys 80m	19	3	9				
3.33	U14 Girls 80m	28	4	9		Discus		
3.42	U14 Boys 80m	14	2	6	4pm	U14 Girls/Boys 4+6	10	30
3.48	U15 Girls 100m	16	2	3	4.30	U15 upwards (Excl Sen.)	3	10
3.51	U15 Boys 100m	6	1	3	4.40	Senior Women & Men (4+1)	5	15
3.54	U16/17 Girls 100m	15	2	3				
3.57	U16/17 Boys 100m	8	1	6		Hammer		
4.03	U18/19 Girls & Sen F 100m	8	1	3	4.40	U14 Girls/Boys (3+3)	6	20
4.06	U18/19 Boys 100m	7	1	3	4.45	U15 Girls	1	5
4.09	Senior Men 100m	18	3	9	5.30	Sen. W (1) & Sen. M (3)	4	15
4.18	U16/17 Girls 400m	7	1	5				
4.23	U18/19 Girls 400m	5	1	5		Weight for Distance		
4.28	Senior Women 400m	4	1	5	4.15	Sen. W & M (1+3)	4	
4.33	U16/17 + U18/19 Boys 400m (1+4)	5	1	5				
4.38	Senior Men 400m	8	1	5				
4.43	U14 Girls 1500m	3	1	6				
4.49	U14 & U15 Boys (6&1) 1500m	7	1	6				
4.55	U15 Girls 1500m	5	1	6				
5.01	U16/17/18/19 Girls 1500m	5	1	5				
5.06	U16/17 Boys 1500m	7	1	5				
5.11	Senior Women 1500m	6	1	5				
5.16	Senior Men 1500m	13	1	5				
5.21	U14 Girls 200m	11	2	9				
5.30	U14 Boys 200m	14	2	6				
5.36	U15 Girls 200m	9	2	5				
5.41	U15 Boys 200m	4	1	3				
5.46	U16/17 Girls 200m	18	3	9				
5.55	U16/17 Boys 200m	5	1	3				
5.58	U18/19 Girls 200m	3	1	3				
6.01	U18/19 Boys 200m	7	1	3				
6.04	Senior Women 200m	6	1	3				
6.07	Senior Men 200m	15	2	6				
6.13	U18/19 Girls 3000m	1	1	12				
6.25	U18/19 Boys 3000m	1	1	12				
	Finish before 6.45pm							