

Connacht U14-Senior Track & Field Competition
Order of Events: Saturday 16th June 2018, Claremorris

9.30am 14-19 Hammer

Seniors compete with U19

Field events order subject to change on the day

		<u>Age</u>	<u>Event</u>
10.00 am	Boys	15	Triple Jump
	Girls	16	Triple Jump
	Boys	16	Triple Jump
	G/B	17	Triple Jump
	G/B	18	Triple Jump
	G/B	19	Triple Jump
10.00 am	Girls	14	Long Jump 1
	Boys	14	Long Jump 2
	Girls	15	Long Jump 1
	Boys	15	Long Jump 2
	Girls	16	Long Jump 1
	Boys	16	Long Jump 2
	Girls	17	Long Jump 1
	Boys	17	Long Jump 2
	Girls	18	Long Jump 1
	Boys	18	Long Jump 2
	Girls	19	Long Jump 1
	Boys	19	Long Jump 2
10.00am	Girls	15	High Jump
	Boys	15	High Jump
	Girls	16	High Jump
	Boys	16	High Jump
	Girls	17	High Jump
	Boys	17	High Jump
	Girls	18	High Jump
	Boys	18	High Jump
	Girls	19	High Jump
	Boys	19	High Jump
	Girls	14	High Jump
	Boys	14	High Jump

after hammer

		<u>Age</u>	<u>Event</u>	
	Girls	18	Discus	1.0 Kg
	Boys	18	Discus	1.5 Kg
	Girls	19	Discus	1.0 Kg
	Boys	19	Discus	1.75 Kg
	Girls	17	Discus	1.0 Kg
	Boys	17	Discus	1.5 Kg
	Girls	16	Discus	1.0 Kg
	Boys	16	Discus	1.0 Kg
	Girls	15	Discus	0.75 Kg
	Boys	15	Discus	1.0 Kg
	Girls	14	Discus	0.75 Kg
	Boys	14	Discus	0.75 Kg
	Girls	16	Javelin	500g
	Boys	16	Javelin	600g
	Girls	17	Javelin	500g
	Boys	17	Javelin	700g
	Girls	14	Javelin	400g
	Boys	14	Javelin	400g
	Girls	19	Javelin	600g
	Boys	19	Javelin	800g
	Girls	18	Javelin	500g
	Boys	18	Javelin	700g
	Girls	15	Javelin	400g
	Boys	15	Javelin	500g
	Girls	14	Shot Putt	2.0Kg
	Boys	14	Shot Putt	2.72Kg
	Girls	16	Shot Putt	3.0Kg
	Boys	16	Shot Putt	4.0Kg
	Girls	19	Shot Putt	4.0Kg
	Boys	19	Shot Putt	6.0Kg
	Girls	18	Shot Putt	3.0Kg
	Boys	18	Shot Putt	5.0Kg
	Girls	17	Shot Putt	3.0Kg
	Boys	17	Shot Putt	5.0Kg
	Girls	15	Shot Putt	2.72Kg
	Boys	15	Shot Putt	3.0Kg

10.00am

Please note that there will be no pole vault

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Track **10.00am** **Relays** 18,16,14,19,17,15

Check in 9.45am

11.00am

<u>Event</u>	<u>Age</u>	<u>height</u>
400m H	18 B	84cm
400m H	19B	91 cm
400m H	18 G	76 cm
300m H	17 G	76cm
300m H	17 B	76cm
250m H	15B	76cm
250m H	16B	76cm
250m H	15G	68 cm
250m H	16G	68 cm

2pm

<u>Event</u>	<u>Age</u>
80m	14 G
	14 B
100m	15 G
	15 B
	16 G
	16 B
	17 G
	17B
	18 G
	18 B
	19/sen G
	19/sen B
800m	14 G
	14 B
	15 G
	15 B
	16 G
	16 B
	17 G
	17 B
	18/Sen
400m	17-sen G
	17-sen B
3000m	16-Sen
200m	18/Sen
	17 B
	17 G
	16 B
	16 G
	15 B
	15 G
	14 B
	14 G

Move all hurdles to the sprints area lanes 3-8

1500m	16-sen G	
	16-sen B	
	14+15 G	
	14+15 B	
2000m W	14 G/B	
	15 G/B	
	16 G	
	16 B	
3000m W	17 G/B	
	18/19 G	
75m H	14G	68 cm
	14B	76cm
80m H	15/16G	76cm
100m H	17/18G	76CM
80mH	15B	84cm
100m H	19 G	84cm
	16 B	84cm
110m H	17/18 B	91 cm
	19/sen B	99cm
S/C	17G - 2000m	76CM
	18G-2000m	76CM
	19 G- 3000m	76CM
	18B- 3000m	91cm

Track lunch break